Surgical Training in Sweden

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Medical education

Medical education in Sweden begins with a five and a half year undergraduate university program. Upon completion, students are awarded a University Medical Degree (Läkarexamen).
AT - Internship

The Swedish equivalent to an internship is the AT, *Allmänt Tjänstgöring* ("general practice"), which is a requirement for obtaining a medical license. Its duration is at least 18 months, but in most cases it is 21 months.
AT - Internship

- Surgery 3-6 months
- Internal medicine 3-6 months
- Psychiatry 3 months
- General Practice 6 months
After AT, the student must complete a test to receive their medical license. Then follows specialisation practice ST ("Specialist Tjänstgöring"), the equivalent of residency.
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ST - residency

Each hospital/department is responsible for the education.
ST - residency

* 5 years is minimum time for ST (residency), minimum 4 ½ year if doctoral degree.
* Studies abroad is accepted.

• Each resident must have a personal instructor. The instructors must have a special education.
* Each department must have a director of studies.
ST - residency

* The education program in each department must be examined with regularity (SPUR).

* Each resident should have study time in the schedule (4 hours/week is recommended).

* The resident – instructor meeting must be documented.
Svensk Kirurgisk Förening

Description of aims

Surgery

20 intermediate goals:
12 medical competence
3 competence of communication
3 competence of leadership
2 competence of medical science and quality improvement
Goals of medical competence

1. Surgical patophysiology, basic surgical training and surgical treatment of diseases of the skin.

2. Acute abdominal diseases

3. Trauma

4. Treatment of pain, surgical intensive care and anesthesia.

5. Hernias
Goals of medical competence

6. Upper abdominal injuries and diseases.
7. Lower abdominal injuries and diseases.
8. Diseases of the breasts.
9. Thyroid gland, parathyroid gland and other endocrine diseases where surgical treatment is an option.
Goals of medical competence

11. Acute injuries and diseases of the urogenital tract.

2015 new government directives about education of specialists

Common trunc with plastic surgery, vascular surgery and urology.
Mandatory courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
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<tbody>
<tr>
<td>Basic surgical training</td>
<td>3 days</td>
</tr>
<tr>
<td>Trauma (ATLS)</td>
<td>3 days</td>
</tr>
<tr>
<td>Hernia</td>
<td>2 days</td>
</tr>
<tr>
<td>Upper abdominal surgery</td>
<td>3 days</td>
</tr>
<tr>
<td>Lower abdominal surgery</td>
<td>3 days</td>
</tr>
<tr>
<td>Breast surgery</td>
<td>2 days</td>
</tr>
<tr>
<td>Endocrine surgery</td>
<td>2 days</td>
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<tr>
<td>Vascular surgery</td>
<td>2 days</td>
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</tbody>
</table>
Courses run by the Swedish Surgical Society

- National faculties
On call education

- Courses and certification
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